

VENTURA COUNTY AREA AGENCY ON AGING HEALTH ISSUES COMMITTEE MEETING

May 20, 2014 1:00 – 2:00 p.m. Area Agency on Aging Advisory Council Center 646 County Square Drive, Ventura (805) 477-7300

AGENDA

- 1. Welcome and Introductions
- 2. Public Comments
- 3. Update on Project Goals Related to Food Insecurity
 - A. My Plate and Healthy Eating Project Placemat
 - B. SNAP-ED Grant Activities
 - C. Food Share Food Truck Collaboration
- 4. Increasing Physical Activity at Every Age Goal:
 - A. Developing Evidence Based Exercise Classes in Each City
- 5. Disease/Condition Specific Support Groups
- 6. Other Committee Involvement/Notification if any:
 - A. Housing and Transportation Committee
 - B. Planning and Allocation Committee
 - C. Legislative Committee
 - D. Senior Nutrition Committee
 - E. Optimal Aging
 - F. By-Laws
 - G. Outreach Committee
 - H. Executive committee
- 7. Other
- 8. Next Meeting Date: July 15, 2014