Navigating the Virtual World



Due to COVID-19, many services are online-only, and visits with family and friends have become virtual. If you don't have the equipment or the confidence to engage in virtual services, we can help!

Learn How To:

- Use Online Medical Portals
- Login for Telehealth Calls
- Online Access to Resources
- Take and Send Photos
- Create Email Account
- YouTube
- Make video calls on your phone or computer
- Use Gifs and Emojis . . . and more!

Digital Bridge

One-on-one, step-by-step educational opportunity to learn more about using technology such as smart phones and other computer devices, setting up medical portal accounts, and using services like Zoom and FaceTime.

Zoom Room

Clean, safe room equipped to conduct virtual services such as telehealth calls, access online resources, take online classes, connect with family and friends, or get more familiar using Zoom and FaceTime.

Call 805-388-1952 www.camhealth.com



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