

B|RA|I|N

*Brain health and
independence for life.*



Physical Exercise



Brain-Boosting Lunch



*Cognitive &
Social Stimulation*



*Self-Management
of Health Status*



JOIN US!
2X
A Week

Oxnard Family Circle

2100 Outlet Center Drive, Suite 380
Oxnard, CA 93036

Call to enroll or for more information

We accept Medi-Cal/GCHP, Department of Veterans Affairs, Tri-Counties Regional Center, Private Pay and Long Term Care Insurance.



OXNARD FAMILY CIRCLE
ADULT DAY HEALTH CARE CENTER
ADULT DAY PROGRAM

(805) 385-4180

www.oxnardfamilycircle.com