VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING

September 12, 2018
9:00 a.m. to 11:00 am
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

VCAAA Advisory Council Role - To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA's mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review Toni Olson
2. Pledge of Allegiance Toni Olson
3. Approval of Area Agency on Aging Advisory Council Minutes of July 11, 2018 Toni Olson
4. Public Comments

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items Toni Olson
5.1 Health, Housing and Transportation Committee Report from July 11, 2018
5.2 Optimal Aging Committee Report from July 25, 2018

DISCUSSION ITEMS/PRESENTATION/MOTION

6.1 Planning and Allocation Committee Report and Recommendation to Approve FY 2018-2019 Grant Amounts for Unallocated Funds and to Increase VCAAA Services Toni Olson

6.2 Recommendation to Appoint Karen Gorback to serve as a California Senior Legislature Senator and Tony Gitt to serve as a California Senior Legislature Assemblymember Representing Ventura County for the term FY 2018-2022 Toni Olson
6.3 Outreach and Information and Assistance Update
Jannette Jauregui
Monique Nowlin

6.4 VCAAA Infographics
Marleen Canniff

6.5 VCAAA Legislative Update
Monique Nowlin

INFORMATIONAL ITEMS

7. Advisory Council Meeting Schedule for FY 2018-2019
Monique Nowlin

8. Other Committee Meetings:
a. VCAAA Foundation Update
Marcy Sherbok

9. Comments from the Chair
Toni Olson

10 California Commission on Aging Age Watch from July 2018
Toni Olson

11. Other Business
Toni Olson

11:00 am 12. Adjournment
Toni Olson

Note – Housing, Transportation and Health Committee meeting will immediately follow the Advisory Council meeting.

The next meeting will be:
Wednesday, November 14, 2018 (9:00 am – 10:30 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
July 11, 2018

Advisory Council Members Present
David Birenbaum (Supervisory Appointee)  Antoinette Olson (Simi Valley COA)
Bill Cunneen (Supervisory Appointee)    Clark Owens (Oxnard COA)
Deirdre Daily (Ojai COA)                Glenn Rowe (Moorpark COA)
Jay Evans (Camarillo COA)               Martha Shapiro (Service Provider)
Sandra Fide (Moorpark COA)              Marcy Sherbok (Focused Population)
Karen Gorback (Thousand Oaks COA)      Neill Spector (Simi Valley COA)
Rose Gossom (Supervisory Appointee)    Sylvia Stein (Veterans)
Lori Harasta (Ventura COA)              Sue Tatangelo (Focused Population)
Suz Montgomery (Ventura CFS)           Mike Williams (Service Provider)
Bill Nugent (Ojai COA)                 

Advisory Council Members Absent
Cleo Anderson (Focused Population)      Joyce Pinkard (Supervisory Appointee)
Dani Anderson (Focused Population)      Alice Sweetland (Oxnard COA)
Smita Dandekar (Supervisory Appointee)  Robert Taylor (Camarillo COA)
Nick Fotheringham (Immediate Past Chair) 
Ron Hage (TO COA)                        
Martha Navarrete (SP COA)               

VCAAA Staff Present
Marleen Canniff                         Katharine Raley
Susan Guffee                            Vanessa Soto
Victoria Jump                           Gray Wilking
Brian Murphy                            

1. Call to Order and Review of Agenda - The meeting was called to order at 9:05 a.m. by Chair Toni Olson (Simi Valley COA). Toni introduced new members.

2. Pledge of Allegiance – Sylvia Stein led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of the May 9, 2018, meeting were approved. (Gorback/Evans/Passed).

4. Public Comments –
   Marijo Reineking spoke about her positive experience with the Home Share program and shared that she was looking for a live-in caregiver.
5. Consent Agenda Items – The consent agenda containing the Senior Nutrition committee report from May 21, 2018 and June 18 and the Optimal Aging Committee Report from June 27, 2018, was accepted. (Owens/Evans/Passed).

6. Discussion Items/Presentation/Motion

6.1 Planning and Allocation Committee Report and Recommendation for the Ventura County Area Agency on Aging to Provide Title III B Case Management and Title III E Bilingual Family Caregiver Services to the Santa Clara Valley starting in FY 2018-2019 and to Suspend the Development of a Family Caregiver Center Serving Ojai and Ventura Until Further Review. Toni Olson presented the report and the recommendations of the committee. There were questions asked including how monolingual Spanish speaking referrals would be handled, how much money would be leveraged, the timeframe for VCAAA to be operational, why other providers weren't considered, and if VCAAA had the capacity due to the past I and A backlog(Owens/Evans/Passed).

6.2 Approval of 2018-2019 Local Agency Biennial Notice. (Evans/Gossom/Passed)

6.3 Continued Conversation with County Epidemiologist Regarding Trends and the Health of the Older Adults. Erin Slack, Epidemiologist with Ventura County Public Health returned to present more information including Public Health's plan to improve health in all populations.

6.4 VCAAA Legislative Update – staff presented an update on the status of bills.

6.5 Dementia Friendly Ventura County Update - staff presented an update on the progress of Dementia Friendly Ventura County to make the county dementia friendly.

6.6 Home and Community Based Alternatives Waiver Program – staff provided a detailed presentation on the program that VCAAA will run as a direct program on August 1, 2018.
7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2018-2019 was included for informational purposes.

8. **Other Committee Meetings** – Marcy Sherbok provided an update on the VCAAA foundation.

9. **Comments from the Chair** – Toni asked that everyone reach out and check on their neighbors.

10. **California Commission on Aging Age Watch from April and May 2018** - included for informational purposes.

11. **Other Business** –
   - CSL elections will be held in September
   - Committee membership forms were passed out and Advisory Council members asked to select committees

12. **Adjournment** – the meeting was adjourned at 11:10 am.
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TO: VCAAAdvisory Council Members
FROM: Jay Evans, Committee Chair
DATE: July 11, 2018
SUBJECT: Housing and Transportation Committee Report from July 11, 2018

Committee Members Present: Sue Tatangelo, David Birenbaum, Toni Olson, Bill Nugent, Jay Evans, Karen Gorback, Rose Gossom, Sandra Fide, Clark Owens, Lori Harasta

Committee Members Absent: Victoria Jump

VCAAAD Staff Present: Erin Slack

1. Call to Order – The meeting was called to order at 11:20 am by Jay Evans. A quorum was present.

2. Public Comments – none

   a) Priority 7 – improve adult physical health
   b) Priority 8 – reduce adult substance abuse
   c) Priority 9 – improve adult mental health
   d) Priority 10 – improve cancer screening rates
   e) Priority 11 – improve health and wellness for the Medicare population
   f) Priority 12 – decrease hospitalizations during the end of life
   g) Priority 14 – increase access to primary care
   h) Priority 15 – reduce preventable hospitalizations

The committee decided to focus on Priority area 11 which includes the rollout of the STEADI program for physicians relating to fall prevention. The CDC’s STEADI initiative...
offers a coordinated approach to implementing the American and British Geriatrics Societies' clinical practice guideline for fall prevention. STEADI consists of three core elements: screen, assess, and intervene to reduce fall risk. STEADI complements the existing robust fall prevention program and the classes currently offered (Stepping On, A Matter of Balance, Walk with Ease, and Tai Chi) will be offered as interventions.

Erin will check with VC Health Care Agency Ambulatory Care Clinic Sites to roll it out at a couple of sites. An update on the status will be provided at the September meeting. Staff to meet with Erin and staff at the evidence based health coalition to incorporate it into the existing model.

The committee decided to focus on one or two projects at a time in order to gain traction, show deliverables and make the meetings worthwhile for members.

4. Adjournment – The meeting was adjourned at 12:02 pm
TO: VCAA Advisory Council Members

FROM: Jannette Jauregui, VCAA Staff

DATE: July 25, 2018

SUBJECT: Optimal Aging Committee Report from July 25, 2018

Committee Members Present
Rose Gossom
Lori Harasta
Martha Shapiro
Sylvia Taylor Stein
Alice Sweetland
Bob Taylor (via phone)

Committee Members Absent
Bill Cunneen

VCAA Staff Present
Jannette Jauregui
Victoria Jump

Guests
None

1. Call to Order – The meeting was called to order at 2:01 p.m. by committee chair, Sylvia Taylor Stein.

2. Welcome and Introductions – Sylvia welcomed committee members to the meeting.

3. Public Comments - Lori and Alice announced upcoming events to the committee.

4. Review of Winners for 2018 Optimal Aging Awards – Jannette announced the winners selected by the ad hoc committee. Several concerns were raised regarding the selections and conflicts of interest. Additional discussions included the future of the awards and the possibility of renaming the awards, developing new categories, and expanding the awards so that they are given by the VCAA rather than exclusively from the Optimal Aging Committee. All concerns related to, and goals regarding the future of, the Optimal Aging Awards can be found in the attached OAC Article 1.

The committee agreed that they would like to see the visibility of the awards grow but would like the opportunity to discuss their goals and visions for the awards with Victoria at the next meeting prior to a decision being made about who will oversee the Optimal Aging Awards (the
Optimal Aging Committee or VCAAA administration). All committee members expressed interest in seeing the committee's work continue into the future.

5. **Discussion and Update of Timeline for Optimal Aging Awards** - The awards are currently scheduled to be presented to recipients at the September 12 Advisory Council Meeting. The committee suggested to instead present the awards at the November Advisory Council meeting because the committee is not scheduled to meet in August.

6. **Discussion of the future of VCAAA LEGACY publication** - The committee discussed and agreed that combining LEGACY with the awards would be ideal and would present a greater opportunity to publicize and expand the awards. Please see additional information attached in *OAC Article 1*.

7. **Other Business** - None discussed.

8. **Other Committee Involvement/Notification** – None discussed.

9. **Next Meeting Schedule** – The next meeting is scheduled for September 26, 2018 at 2 p.m.

10. **Adjournment** – The meeting was adjourned at 3:15 p.m. by chair, Sylvia Taylor Stein.
<table>
<thead>
<tr>
<th>CONCERN REGARDING 2018 OPTIMAL AGING AWARDS</th>
<th>HOW TO ADDRESS CONCERN FOR FUTURE AWARDS</th>
<th>METHODS TO EXPAND</th>
</tr>
</thead>
<tbody>
<tr>
<td>Two selected winners are members of the VCAAA Advisory Council and present a conflict of interest.</td>
<td>Redevelop award guidelines, eliminating all individual Advisory Council members from being eligible. However, organizations for which Advisory Council members work or volunteer could be eligible in award categories developed specifically for organizations.</td>
<td>Redevelop and heavily edit award guidelines in their entirety for clarity.</td>
</tr>
<tr>
<td>Ad hoc committee that selected winners included one member of the current Optimal Aging Committee</td>
<td>Eliminate OA Committee members from being eligible to be part of the ad hoc committee that selects winners.</td>
<td>N/A</td>
</tr>
<tr>
<td>The original vision of the awards was to honor &quot;unsung heroes&quot; in Ventura County who are 60 and older – the everyday older adult that is doing extraordinary things to live optimally.</td>
<td>Redevelop award guidelines and categories to focus on citizens and/or volunteers, with the possibility of separate awards or categories for organizations that are doing exceptional work for older adults.</td>
<td>Members of the OA Committee, as well as VCAAA PIO, will dedicate the months leading up to award nominations to scheduling presentations throughout the County to build visibility of the awards and encourage organizations and agencies to nominate clients and/or &quot;the average citizen&quot; that they feel should be recognized.</td>
</tr>
<tr>
<td>Does the term Optimal Aging confuse the public? Are the awards viewed as valuable to the public?</td>
<td>Possibly rename the awards to LEGACY Awards, or VCAAA LEGACY Awards, and connect them to the VCAAA LEGACY publication.</td>
<td>LEGACY publication would feature quarterly tributes to award winners via a feature story as well as a short video tribute.</td>
</tr>
<tr>
<td>Not many nominations are being received</td>
<td>Promote the awards through community presentations in addition to a social media campaign and e-mail blasts</td>
<td>Include information related to the awards in LIVEWell as well as in VCAAA outreach materials. Get local media involved with &quot;feel good&quot; stories from winners.</td>
</tr>
<tr>
<td>Advisory Council meeting is not ideal setting for award presentations</td>
<td>Organize a luncheon dedicated to the awards</td>
<td>Publicize the luncheon through local media and VCAAA social media.</td>
</tr>
<tr>
<td>Is September ideal timing for presentation of awards?</td>
<td>Possibly feature the awards in May as part of Older Americans Month</td>
<td>Publicize the awards in the local media as being part of celebrating Older Americans Month.</td>
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Agenda Item #6.1

TO: VCAAA Advisory Council Members

FROM: Toni Olson, Advisory Council Chair

DATE: September 4, 2018

SUBJECT: Planning and Allocation Committee Report and Recommendation to Approve FY 2018-2019 Grant Amounts for Unallocated Funds and to Increase VCAAA Services

Committee Members Present
Dani Anderson
Bill Cunneen
Suz Montgomery
Martha Navarrete
Toni Olson
Glenn Rowe
Marcy Sherbok

Members Absent
Jay Evans
Rose Gossom
Bob Taylor

VCAAA Staff Present
Marleen Canniff
Victoria Jump
Brian Murphy
Monique Nowlin

1. Call to Order – The meeting was called to order at 11:05 am by Toni Olson. A quorum was present.

2. Welcome and Introductions and Disclosure of Conflicts of Interest – Members introduced themselves. Conflicts of interests were discussed. Toni Olson had a conflict of interest with a current grantee and removed herself during the discussion for that agenda item (Long Term Care Services of Ventura County, Inc.)

3. FY 2018-2019 Increase in Funding – Staff notified the committee that the California Department of Aging notified the agency that additional funds were being allocated to the VCAAA as part of the increase in federal Older Americans Act funds. The funding is as follows:
   - Title IIIB Supportive Services - $120,993
   - Ombudsman (Title IIIB, VIIA, State General Fund IIIB) - $69,147
   - Title IIID – Evidence Based Health and Wellness - $15,469
   - Title IIIE – Family Caregiver Support Program - $76,787
   - Title IIIC – Congregate and Home Delivered Meals - $241,924.50
This funding is the result of a federal increase in Older American Act funds as well as an increase in state Ombudsman dollars and is projected to continue in future years. As this is a baseline increase in funding and not one time only funding, the committee felt that providing additional services that directly impacted older adults and caregivers was a prudent use of the funds. No new grants are being proposed as there are large unmet needs in current programs.

The committee is making the following recommendations to the Advisory Council

<table>
<thead>
<tr>
<th>Funding Source</th>
<th>Proposed Amount</th>
<th>Purpose</th>
<th>Vendor/Agency</th>
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</thead>
<tbody>
<tr>
<td>Title IIIB</td>
<td>$16,000</td>
<td>Increase ElderHelp budget to provide additional units of service for personal care, homemaker, chore, home modifications and personal home security</td>
<td>VCAAAA – assorted vendor contracts</td>
</tr>
<tr>
<td>Title IIIB</td>
<td>$13,000</td>
<td>New - Provide mental health counseling for those individuals who do not qualify for behavioral health services through the county</td>
<td>VCAAAA – assorted vendor contracts</td>
</tr>
<tr>
<td>Title IIIB</td>
<td>$71,993</td>
<td>New – provide housing assistance (referral and placement) for those not eligible for home share targeting homeless and near homeless seniors.</td>
<td>VCAAAA – staff person to be added</td>
</tr>
<tr>
<td>Title IIIB</td>
<td>$20,000</td>
<td>New – purchase and provide disaster preparedness materials for older adults such as fire life’s and disaster kits.</td>
<td>VCAAAA – assorted vendor contracts</td>
</tr>
<tr>
<td></td>
<td>$120,993.00</td>
<td>(Sherbok/Montgomery/Passed)</td>
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<tr>
<th>Funding Source</th>
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<th>Purpose</th>
<th>Vendor/Agency</th>
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<tr>
<td>Title IIIB OMB, VIIA, IIIB General Fund</td>
<td>$69,147</td>
<td>Increase in the allocation for the long term care ombudsman.</td>
<td>Long Term Care Services of Ventura County, Inc.</td>
</tr>
<tr>
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<td>$69,147.00</td>
<td>(Navarrete/Sherbok/Passed)</td>
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<tr>
<th>Funding Source</th>
<th>Proposed Amount</th>
<th>Purpose</th>
<th>Vendor/Agency</th>
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<tr>
<td>Title IIIE</td>
<td>$25,596</td>
<td>Additional services for family caregiver center (in-home respite, home modifications and assistive devices, caregiver training, caregiver support groups and caregiver counseling)</td>
<td>Senior Concerns</td>
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<td>Funding Source</td>
<td>Proposed Amount</td>
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<tr>
<td>Title IIIC1/C2</td>
<td>$18,275</td>
<td>Provide 6,100 additional meal (100 congregate and 6,000 home delivered meals)</td>
<td>Camarillo Health Care District</td>
</tr>
<tr>
<td>Title IIIC1/C2</td>
<td>$9,650</td>
<td>Provide 3,400 additional meals (2,200 congregate and 1,200 home delivered meals)</td>
<td>City of Fillmore</td>
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<tr>
<td>Title IIIC2</td>
<td>$4,500</td>
<td>Provide 1,500 additional home delivered meals</td>
<td>City of Moorpark</td>
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<tr>
<td>Title IIIC1/C2</td>
<td>$33,925</td>
<td>Provide 11,700 additional meals (4,700 congregate and 7,000 home delivered meals)</td>
<td>City of Oxnard</td>
</tr>
<tr>
<td>Title IIIC1/C2</td>
<td>$5,325</td>
<td>Provide 1,800 additional meals (300 congregate and 1,500 home delivered meals)</td>
<td>City of Santa Paula</td>
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<tr>
<td>Title IIIC1/C2</td>
<td>$5,410</td>
<td>Provide 1,840 additional meals (440 congregate and 1,400 home delivered meals)</td>
<td>City of Simi Valley</td>
</tr>
<tr>
<td>Title IIIC1/C2</td>
<td>$5,750</td>
<td>Provide 2,000 additional meals (1,000 congregate and 1,000 home delivered meals)</td>
<td>City of Ventura</td>
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<tr>
<td>Title IIIC1</td>
<td>$1,375</td>
<td>Provide 500 additional congregate meals</td>
<td>VCAAA - Conejo Recreation and Park District program</td>
</tr>
<tr>
<td>Title IIIC2</td>
<td>$7,500</td>
<td>Provide 2,500 additional home delivered meals</td>
<td>Help of Ojai</td>
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<tr>
<td>Title IIIC2</td>
<td>$687.50</td>
<td>Provide 250 additional meals home delivered meals</td>
<td>VCAAA - Piru - Brenda’s program</td>
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<tr>
<td>Title IIIC1/C2</td>
<td>$118,463</td>
<td>Additional food and supplies for 31,590 meals @ $3.75 per meal</td>
<td>Jordanos Food Service</td>
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=$76,787.00 (Sherbok/Rowe/Passed)
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<tr>
<th>Title IIIC</th>
<th>$10,000</th>
<th>Provide an additional 240 sessions of nutrition counseling by registered dietitians</th>
<th>VCAAA</th>
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<tbody>
<tr>
<td>Title IIIC1</td>
<td>$21,064</td>
<td>Purchase of emergency meals for homeless or at risk seniors</td>
<td>VCAAA - vendor</td>
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<tr>
<td></td>
<td>=$241,924.50</td>
<td>(Anderson/Navarrete/Passed)</td>
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</table>

The committee will reconvene in later September to discuss funding for Title IIID. The committee discussed ideas and will come back to your council in November with a recommendation.
To: Advisory Council Members
From: Victoria Jump, VCAAA Director
Date: September 7, 2018
Subject: Recommendation to Appoint Karen Gorback to serve as a California Senior Legislature Senator and Tony Gitt to serve as a California Senior Legislature Assemblymember Representing Ventura County for the term FY 2018-2022.

The California Senior Legislature (CSL) is a volunteer body whose primary mission is to gather ideas for legislation at the state and federal levels, craft the ideas into formal proposals, prioritize the proposals, present them to members of the Legislature or the Congress, and advocate for laws implementing the ideas. The CSL was founded largely through the efforts of Senator Henry Mello, who in 1980 requested through ACR 129 that the California Commission on Aging call a session of the Silver-Haired Legislature, a forum through which older Californians could develop their legislative priorities. In 1982 this became the California Senior Legislature and Senator Mello in SCR 44 asked that this be an annual event.

The CSL is established in state statute: Welfare and Institutions Code sections 9300-9305. Revenue and Taxation Code Sections 18721-18724 provide for the California Fund for Senior Citizens using funds designated on California individual tax returns. This nonpartisan organization has sponsored over 200 new laws helping seniors with financial abuse, health care, the Silver Alert program, and more.

The work is accomplished in an annual cycle of activity whose focus is on a four-day model legislative session held at the State Capitol in Sacramento during October during which the proposals are prioritized. Prior to the Annual session, ideas are researched and made into proposals. Following the session, the top ten state proposals and top four federal are taken to state legislators or members of Congress who are asked to author and carry appropriate bills in the Legislature or Congress. Senior Legislators seek state lawmakers to author at least 10 of the Session’s priority proposals. They then work throughout the year to ensure adoption of these measures.

The 40 Senior Senators and 80 Senior Assembly Members are selected in elections supervised by the Advisory Councils in the 33 Planning and Services Areas (PSAs) in California which were established by the federal Older Americans Act of 1965. Our PSA has one senator and two Assemblymembers. In April 2018 we issued a legal notice soliciting applications and received two applications, one from Tony Gitt and one from Karen Gorback. CSL has qualified both applications as eligible and per the CSL if there are not multiple people running for a seat, the advisory council is to appoint the members. By VCAAA by-laws, the CSL members are also members of the advisory council.
It is our recommendation that per the guidelines of the California Senior Legislature that Karen Gorback be appointed to a four year term as CSL Senator and Tony Gitt be appointed to a four year term as CSL Assemblymember. This leaves an opening for an additional CSL Assemblymember that the VCAAA will again solicit applications for. It is in our best interest to ensure we have full representation at CSL to advocate for the needs of older adults living in Ventura County.
<table>
<thead>
<tr>
<th>Date</th>
<th>Advisory Council</th>
<th>Livable Comm. To include Health</th>
<th>Senior Nut.</th>
<th>Opt. Aging</th>
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<td>July 2018</td>
<td>July 11</td>
<td>July 11*</td>
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<td>August 2018</td>
<td>None</td>
<td>None</td>
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<td>None</td>
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<td>September 2018</td>
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<td>September 12*</td>
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<td>September 26</td>
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<td>October 2018</td>
<td>None</td>
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<td>November 2018</td>
<td>Nov 14</td>
<td>November 14*</td>
<td>November 19</td>
<td>November 28</td>
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<td>December 2018</td>
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<td>January 2019</td>
<td>January 9</td>
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<td>February 2019</td>
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<td>March 2019</td>
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<td>April 2019</td>
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<td>May 2019</td>
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<td>June 2019</td>
<td>None</td>
<td>None</td>
<td>June 17</td>
<td>June 26</td>
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*meets immediately following the Advisory Council meeting.

Reminder - A conference call dial in is available for all committee meetings:
Dial in Number: (515) 739-1479, Access Code: 729620
*Meeting to follow Advisory Council Adjournment
## Area Agency on Aging 2018 State Legislative Priorities

<table>
<thead>
<tr>
<th>Item</th>
<th>Current Legislative Activity</th>
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</table>
| 1. The County supports proposals that would increase awareness of and prevent elder and dependent adult abuse to include the following: increase funding for elder abuse prosecution and prevention programs; expedite reimbursement or restitution to seniors victimized by financial crimes; increase the penalties for those convicted of crimes against seniors; expand the list of mandatory reporters of elder abuse to include notary publics; and supports legislation that includes money transmitters in the definition of mandated reports of suspected elder abuse and require licensed persons to report the known or suspected instance of financial abuse of an elder or dependent adult immediately, or as soon as possible, to the local adult protective services agency or local law enforcement. | AB 2744 - dead  
AB 2324 - dead  
AB 2159 - dead  
AB 1946 - dead |
| 2. The County supports legislation that prohibits owners, operators, or employees of licensed health care facilities from serving as a representative payee on behalf of a resident of the facility. | |
| 3. The County supports legislative efforts to prevent homelessness among at-risk seniors. | AB 3171 - dead  
AB 2161 – dead  
**SB 1152 – enrolled and presented to governor for signature 09/06/2018** |
| 4. The County supports legislation that would utilize prevention funding, through California's implementation of the Federal Affordable Care Act, to fund more evidence-based programs for seniors that would support seniors' desire to age in place. | |
| 5. The County supports funding and efforts to move towards community-based services as opposed to nursing home placement to include supporting legislation that fully funds the Older Californians Act (Linkages, Respite, Alzheimer’s Day Care Resource Center, and Brown Bag Programs) as well as modernizes and updates it to respond to the changing and growing needs of the senior population; provides state funding for the Family Caregiver Support Program, the senior nutrition | **SB 1026 (Jackson) – Dignity at Home (fall prevention bill) - dead**  
**AB 2719 (Lwn) – OCA LGBT** |

*Updated 09/08/2018*
| program, funding for in-home care (and respite) for caregivers of individuals with Alzheimer's disease and related dementia; and funding to help strengthen and expand Aging and Disability Resource Center’s ability to help seniors and people with disabilities access resources and services. |

| language - signed into Law |
| Budget ask of $17 million for senior nutrition program - dead |

| The County supports full funding for the Long Term Care Ombudsman program and the Multipurpose Senior Services Program (MSSP). |

| AB 550 – Ombudsman – dead. Received additional funding via budget process. |
| Budget ask for MSSP funding - dead |

| The County supports efforts to increase the monthly spending allowance for Medi-Cal Medically Needy Only beneficiaries without impacting Medi-Cal payment rates. |

| AB 1995 (Limon) – Alzheimer's Disease Education - dead |

| The County supports legislation and efforts to make Ventura County Dementia Friendly, to include efforts to develop an evidence-based core training program for staff of area agencies on aging relating to Alzheimer's disease and related dementias, connecting diagnosed individuals and their caregivers to critical resources that will allow diagnosed individuals to maintain as much independence as possible and provide connection to resources that will help sustain the physical and mental stability of the caregiver. |

| The County supports legislation to expand the existing Assisted Living Waiver to Ventura County to enable eligible seniors and adults with disabilities to reside in a community setting to support aging with dignity. |

| AB 2233 – enrolled and presented to governor to sign 09/06/2018 |

Updated 09/08/2018
California Task Force on Family Caregiving issues final report and recommendations

California’s 4.5 million family caregivers provide more than $60 million worth of care each year for family members with disabling or terminal conditions. Despite their commitment to provide care without question, the work of caregiving takes a physical, emotional, and financial toll. These facts propelled the work of California’s Task Force on Family Caregiving (CTFFC), which released its final report and recommendations last week.

Created with a goal of identifying solutions to help family caregivers, the CTFFC was established by ACR 38 by former Assembly-member Cheryl Brown and administered by the University of Southern California’s Leonard Davis School of Gerontology. The CTFFC prioritized seven recommendations designed to facilitate the work of informal caregiving and to help caregivers to continue their role safely and with necessary supports. The report, Picking up the Pace of Change: A report from the California Task Force on Family Caregiving, details the rationale behind each recommendation and the steps needed to carry them through.

CTFFC’s report was presented as part of an informational hearing of the California Assembly Committee on Aging & Long-Term Care held at USC. Chaired by Assemblymember Ash Kalra and attended by Assemblymember Sydney Kalmager-Dove, the hearing featured expert testimony on the needs of informal caregivers and presentation of the CTFFC’s recommendations. The work of the CTFFC was funded by AARP and the Archstone Foundation. To learn more about CTFFC and read the report, click here.

(Presenters and CTFFC members appear with attendees and staff at the July 19th hearing. Pictured (L-R) top row are Kylie Meyer, Kristina Bas Hamilton, Ash Kalra, Barry Brewer, and (front row) Mary Ellen Kullman, Kathleen Wilber, Kathleen Kelly, Bob Lesch, Donna Benton, Edie Yau, Jenya Cassidy, Betsy Butler, Sandi Fitzpatrick, Zach Gassoumis, and Cheryl Brown.)

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834. (916) 419-7591 www.ccoa.ca.gov to Unsubscribe email ccaagewatch@gmail.com
TSF Launches Community for Millennial Caregivers

One in three young people in America provide unpaid care to an adult friend or relative—while pursuing education and career goals, as well as relationships.

The SCAN Foundation’s campaign, called \textit{DO YOU GIVE A CARE?}, establishes a community for the 10 million Millennials (age 18 to 39) who provide support to older family and friends. The website provides a forum for young caregivers to share their stories and garner support. The site features videos, graphics, and social channels for caregivers and allies to share their stories and tips.

New TSF-sponsored research by the Associated Press-NORC Center for Public Affairs Research reveals that while younger adults are just as likely as those age 40 and older to expect to be a caregiver soon, they feel much less prepared for the job.

The SCAN-funded research, titled \textit{Younger Adults’ Experiences and Views on Long-Term Care} is the AP NORC Center’s sixth annual Long Term Care Poll. Prior years of the poll focused on Americans age 40 and older. For the first time, this year’s study also explores the perspectives of younger adults, those age 18 to 39, generating new insights on their personal experiences with caregiving and their views of long term care.

Visit the SCAN Foundation \textit{DO YOU GIVE A CARE?} page to learn more about millennials’ experience of caregiving. To read the AP-NORC Center research, click here.

Information from: The SCAN Foundation July 11, 2018 announcement \textit{TSF Launches Community for Millennial Caregivers}.

Social Security impersonation scams on the rise

The Acting Inspector General of Social Security is warning citizens about ongoing Social Security Administration (SSA) impersonation schemes. SSA and the Office of the Inspector General (OIG) have recently received reports of suspicious phone calls claiming to be from SSA.

The range of telephone scams include automated recordings saying an individual’s Social Security number has been suspended for “suspicious activity,” and providing a phone number to call to resolve the issue by providing additional sensitive identifying information. Similar calls have said that problems with the system have created problems with direct deposit of a person’s Social Security funds, also requiring the individual to provide personal information in order to resolve the problem. In January, the OIG shared similar information from the Federal Trade Commission, which reported an increase in reports of suspicious phone calls from people claiming to be SSA employees.

According to the Social Security Administration, SSA employees occasionally contact citizens by telephone for customer-service purposes. In only \textit{a few limited special situations}, usually already known to the citizen, an SSA employee may request the citizen confirm personal information over the phone. If a person receives a suspicious call from someone alleging to be from SSA, citizens should report that information to the OIG at 1-800-269-0271 or online via https://oig.ssa.gov/report.
Research by the AARP Foundation shows that a combination of societal barriers and life transitions increase social isolation as people age. Prolonged isolation increases an individual's risk for cardiovascular disease, depression, dementia and disability. This type of isolation has a mortality effect equivalent to smoking 15 cigarettes a day.

As a result of these concerns, Massachusetts Governor Baker’s Council to Address Aging in Massachusetts has launch a global competition to improve healthy aging. The 2018 Optimal Aging Challenge is a $20,000 (USD) global competition to improve healthy aging by leveraging the development of breakthrough technologies, community resources and other solutions to reduce social isolation and loneliness and increase engagement among the older populations. This competition is being hosted in collaboration with the Massachusetts Institute of Technology’s AgeLab (MIT AgeLab), Benchmark Senior Living (Benchmark), and GE Healthcare.

To participate, submit an entry by September 28, 2018 at 5:00 p.m. ET. Judges will evaluate submissions throughout October and November and announce winners in December 2018.

The 2018 Optimal Aging Challenge rules and objectives can be found here. Information from NASUAD Friday Update, July 13, 2018.

AARP TV for Grownups Honors Producer Norman Lear

Norman Lear, producer of such iconic hits as All in the Family, was celebrated July 25th as AARP’s first TV for Grownups honoree and toasted by friends and stars of his many shows on the occasion of his 96th birthday this week. The award was presented in honor of Mr. Lear’s 50-year career producing hit comedies that resonate with American viewers of all ages. The celebrity-studded event included a presentation of Mr. Lear’s award by actress Rita Moreno.

AARP’s TV for Grownups spotlights the shows and stars that resonate with the 50-plus audience, the biggest TV-watching demographic, and provides the know-how and tools to navigate their TV experience.

CCoA Commissioners Betsy Butler (left) and Stuart Greenbaum (far right), joined by Wendy Malick and Steve Castle at the AARP event.
Minimizing Heat-Related Health Dangers for Older Adults During the Summer

Older people are at an increased risk of experiencing heat stroke, heat edema, heat syncope, heat cramps, and heat exhaustion. New information from the National Institutes of Health (NIH) includes tips to reduce the risk of hyperthermia for older adults. The article, *Heat-related health dangers for older adults soar during the summer*, describes health-related factors that may increase an individual's vulnerability to high temperatures, including heart, lung, and kidney disease, high blood pressure, and taking certain medications. NIH also outlines several lifestyle risk factors and describes the steps that should be taken if you suspect that someone is suffering from a heat-related illness. Click here to read more about how to mitigate heat-related health dangers for older adults. Information from NASUAD Friday Update, July 20, 2018

Addressing Health Disparities in People Living with Dementia

Understanding how to improve the health of dementia patients will be the focus of a July 31st webinar hosted by the National Alzheimer's and Dementia Resource Center, featuring expert presenters on the reasons for and ways to reduce health disparities of persons living with dementia. The session, *Addressing Health Disparities in People Living with Dementia*, will include presentations on development of a dementia-friendly-dementia-capable community and best practices when working in cross-cultural environments, along with presentation by a cognitive neuropsychologist on why disparities exist with Alzheimer's and cognitive impairments. The webinar is scheduled for Tuesday, July 31 from 1:00-2:00 p.m. ET. Click here to learn more. Information from NASUAD Friday Updates, July 20, 2018

**CCoA welcomes new member**

Bill Earley of San Diego is the newest appointee to the California Commission on Aging. Appointed by the Senate Rules Committee in July, Mr. Earley is the chief administrative officer and general counsel at West Health in San Diego. The CCoA welcomes Mr. Earley and looks forward to his contributions to our work.

UPCOMING EVENTS


September 27, 2018—The SCAN Foundation California Summit on Long-Term Services and Supports. Sacramento Convention Center, Sacramento. Click on the link above for information or to register.